



September 2023

C.O. Harrison, Delshire, J.F. Dulles, Oakdale, Springmyer



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
We encourage families to fill out the Federal Free and Reduced Lunch Application in order to see if you qualify for free or reduced meal benefits and instructional fee waivers. The application can be completed online at www.linqconnect.com . If you are unable to complete the application online, you can obtain a paper application from the front office of your school.			All students who qualify for free or reduced meal benefits can eat breakfast and lunch at NO COST for the 2023-2024 school year!	Big Daddy Pizza <u>1</u> -OR- Hamburger Celery Sticks With Ranch Dressing Crunchy Carrots Apple Slices Milk
<u>4</u> NO SCHOOL LABOR DAY HOLIDAY	Cincinnati Style 3-Way Chili <u>5</u> -OR- Chicken Patty Scooby Doo Gram Sticks Kidney Beans Green Beans SideKicks Frozen Treat Milk	Mini Waffles and Turkey Sausage Patties <u>6</u> -OR- Cheeseburger Wedge Cut Seasoned Potatoes Crunchy Carrots Applesauce Milk	Chicken Tenders and Biscuit <u>7</u> -OR- Hot Dog Broccoli Corn Peaches Milk	Big Daddy Pizza <u>8</u> -OR- Hamburger Cucumbers With Ranch Dressing Crunchy Carrots Fresh Apple Slices Milk
Crispy Chicken Nuggets <u>11</u> With Soft Dinner Roll -OR- Deep Dish Cheese Pizza Shoestring French Fries Crunchy Carrots 100% Fruit Juice Milk	Beef Walking Taco <u>12</u> -OR- Chicken Patty Goldfish Crackers Seasoned Black Beans Salsa Corn SideKicks Frozen Treat Milk	Mini Confetti Pancakes and Turkey Sausage Patties <u>13</u> -OR- Cheeseburger Hash Brown Rounds Green Beans Applesauce Milk	Chicken Wings and Biscuit <u>14</u> -OR- Grilled Cheese Broccoli Corn Pears Milk	Big Daddy Pizza <u>15</u> -OR- Hamburger Celery Sticks With Ranch Dressing Crunchy Carrots Fresh Red Delicious Apple Milk
<u>18</u> NO SCHOOL STAFF PROFESSIONAL DEVELOPMENT DAY	Cincinnati Style 3-Way Chili <u>19</u> -OR- Chicken Patty Chat Snax Gram Snacks Kidney Beans Green Beans SideKicks Frozen Treat Milk	French Toast and Scrambled Eggs <u>20</u> -OR- Cheeseburger Smiles Potatoes Crunchy Carrots Applesauce Milk	Chicken Drumstick With Soft Dinner Roll <u>21</u> -OR- Hot Dog Broccoli Corn Peaches Milk	Big Daddy Pizza <u>22</u> -OR- Hamburger Cucumbers With Ranch Dressing Crunchy Carrots Fresh Apple Slices Milk
Crispy Chicken Nuggets <u>25</u> With Soft Dinner Roll -OR- French Bread Cheese Pizza Shoestring French Fries Green Beans 100% Fruit Juice Milk	Mini Confetti Pancakes and Turkey Sausage Patties <u>26</u> -OR- Chicken Patty Tater Tots Corn Applesauce Milk	Marco's Pizza Day <u>27</u> -OR- Cheeseburger Seasoned Black Beans Crunchy Carrots SideKicks Frozen Treat Milk	Chicken Smackers With Biscuit <u>28</u> -OR- Grilled Cheese Broccoli Corn Pears Milk	Big Daddy Pizza <u>29</u> -OR- Hamburger Celery Sticks With Ranch Dressing Crunchy Carrots Fresh Red Delicious Apple Milk

ALTERNATIVE ENTREES

Daily	Cheese Sandwich, Ham/Cheese Sandwich, Turkey/Cheese Sandwich, Peanut Butter/Jelly Sandwich, Salad
Monday	<u>Munch Monday Meal</u> – Bread Rounds, Pizza Sauce, Shredded Mozzarella Cheese, Pepperoni
Tuesday	<u>Yummy Yogurt Meal</u> – Yogurt, String Cheese, Granola Bar, Goldfish Crackers
Wednesday	<u>Wow Wednesday Meal</u> – PBJ Sandwich, String Cheese, Bug Bites Gram Snacks
Thursday	<u>Breakfast Buffet Meal</u> – Yogurt, String Cheese, Assorted Cereal Bowls, Assorted Pop Tarts
Friday	<u>Manager's Choice!</u>

Menu Subject To Change Daily

This institution is an equal opportunity provider.